



POSITION DESCRIPTION

TITLE: Healthy Lifestyles Coordinator

DEPARTMENT: Programs

REPORTS TO: Director of Teen Services

HOURS: Part-time; Non-Exempt

PRIMARY FUNCTION:

Responsible for planning and overseeing the delivery of programs in the Healthy Lifestyles target area.

KEY ROLES (Essential Job Responsibilities):

Prepare Youth for Success

1. Ensure programs, services and activities that prepare youth for success, promoting safety of members and quality in programs at all times. Provide guidance and role modeling to members.
2. Responsible for planning, organizing and implementing:
 - Sport and recreation activities in the gym for drop in members and visitors to include Triple Play, Just Play and Intramural activities
 - Nutrition and fitness activities to encourage members to live healthy lives, including Healthy Habits activities and fitness classes at the YMCA
 - Sports Club
 - Character development programming to include SMART Girls and Guys Group in partnership with the Character and Leadership coordinator
3. Initiating new programs with the approval of the Director of Teen Services
4. Ensure quality improvement by monitoring and evaluating program achievement against target goals, recommending modifications that respond to member needs and interests and participating in weekly branch staff meetings.

Program Development and Implementation

1. Develop weekly program curriculum that effectively communicates the standards of the programs.
2. Submit weekly schedule outlining daily program activities to the Director of Teen Services one week prior to implementation.
3. Ensures the quality improvement of programs by conducting program evaluations and annual written analysis of member needs and interests. Compiles monthly statistical reports reflecting all activities, attendance and participation.

ADDITIONAL RESPONSIBILITIES:

1. May oversee special programs and/or events (Teen nights)
2. Participate in trainings, special programs and/or events.
3. Attend field trips.
4. Provide first aid.
5. Assist in or handle special assignments or other duties as deemed necessary or important by supervisor.

RELATIONSHIPS:

Internal: Maintains close, daily contact with Club staff, volunteers, Club members, and supervisor to receive/provide information, discuss issues, explain guidelines/instructions; instruct; and advise/counsel.

External: Maintains contact with external community groups, schools, members' parents and others to assist in resolving problems.

SKILLS/KNOWLEDGE REQUIRED:

- Background or training in working with middle and high school aged youth
- Experience working with youth
- Knowledge of youth development
- Ability to plan and implement quality programs for youth.
- Excellent written and verbal communication skills
- Must have the ability to work independently and efficiently without direct supervision.
- Good interpersonal abilities-able to interact effectively with co-workers of all levels.

PHYSICAL REQUIREMENTS/WORK ENVIRONMENT:

Must be able to function under fast paced and noisy conditions. Should be physically fit to engage in Club programs when necessary; may require being on feet for long periods of time. Physical requirements include: sight, hearing, sitting, standing, stooping, running, strenuous sports related activities, and lifting a minimum of 50lbs.

DISCLAIMER:

The information presented indicates the general nature and level of work expected of employees in this classification. It is not designed to contain, or to be interpreted as, a comprehensive inventory of all duties, responsibilities, qualifications and objectives required of employees assigned to this job.

Signed by: _____
Employee

Date

Approved by: _____
Supervisor

Date